

DISCIPLINE OF CHRISTIANITY
FACULTY OF ARTS & CULTURE
EASTERN UNIVERSITY, SRI LANKA
GENERAL DEGREE PROGRAM - DETAILED SYLLABUS
CORE COURSES

The B.A General Degree Programme on Christianity as a Discipline is composed of three years duration, with two semesters per year. During the semester four courses are conducted, which carry a total of 08 credits. A course carries two credits when it involves student conduct two hours each week in a semester.

On completion of the General Degree in Christianity a student would have acquired certain degree of knowledge in the human, social, religious sciences, based on the Discipline, in addition to their methods and related ethical issues.

They would also be provided with opportunities to develop their abilities in producing tutorials, expressing certain depth studies and insights on given topics connected with the Discipline in today's context, to make their study programme relevant.

Sometime group activities as well as individual opportunities to express in public what they have learnt, are also provided, in order to enable the students to become professional speakers on given topics.

LEARNING OUTCOMES

B.A General Degree students in the Discipline on Christianity at the completion of the degree will be able to:

- Discuss the major theories and concepts in Christianity and its sub fields.
- Write independently on issues connected with Christianity.
- Analyze related problems and formulated and express option and opinions.
- Use electronic and library resources to search on important issue, local, national as well as international.
- Demonstrate critical thinking abilities to formulate arguments with material evidences that prove the case in question.
- The students are also provided with opportunities to visit places of religious importance, and study the activities therein.

FIRST YEAR - FIRST SEMESTER

CH 1112 – Introduction to Christian Religious Traditions – 2 Credits

Objectives:

The objectives of the course are:

- To show how Christianity had its origin and growth from Judaism.
- To find out the causes which lead to major divisions in the church in the 11th and the 16th Centuries .A.D.
- To explain the reasons which lead to the emergence of Protestant reformation.
- To explain the various measures taken by the Catholics in reply to the protestant reformation.

Learning Outcomes:

On successful completion of the course:

- Students would be able to explain how Christianity originated from Judaism.
- Students would be able to identify the causes and propose ways and means to establish unity among various denominations.
- Students would be able to identify the proposals pointed out in documents of second Vatican to establish unity among various denominations

Course Content:

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|---|------------|
| 01. Link between Christianity and Judaism | - 03 Hours |
| 02. Coming of Christ foretold in the Old Testament | - 02 Hours |
| 03. Judaism at the Christ | - 01 Hour |
| 04. Earliest Christian Tradition as found in the Acts of the Apostles | - 03 Hours |
| 05. First split within Christianity – between East and West in 1056 | - 03 Hours |
| 06. Second Major split within the Western part of Christendom | - 04 Hours |
| 07. Protestant Reformation and the Emergence of Mainline Churches | - 04 Hours |
| 08. Counter Reformation and the Council of Trent | - 03 Hours |
| 09. Emergence of Pentecostal Churches | - 02 Hours |
| 10. Second Vatican Council and the New trends of Christianity | - 05 Hours |

References:

கிருபானந்தன், சா. பி., *திருச்சபை வரலாற்றுத் துளிகள்*, பிரான்சிஸ்கு சவேரியார் குருத்துவக் கல்லூரி, கொழும்புத்துறை, யாழ்ப்பாணம், 2007.

தங்கசாமி, ஜேசுதாஸ், எம்., எஸ்., *திருச்சபை வரலாறு*, நாஞ்சில் பதிப்பகம், நாகர்கோவில், 2006.

மரியகுசை, அ., *வளரும் திருச்சபையின் வரலாற்றுச் சுவடுகள்*, கிறிஸ்து அரசர் ஆலயம், நாமக்கல், 2011.

யேசுதாசன், பிலிப்ஸ், இ., *கிறிஸ்தவ வாழ்வு*, அமலி வெளியீடு, யாழ்ப்பாணம், 2002.

ஜேம்ஸ் பீட்டர், சீ., *தாய்த் திருச்சபையின் பதில்கள்*, (18வது பதிப்பு), புனித அந்தோனியார் ஆலயம், தூத்துக்குடி, 2016.

-----, *தாய்த் திருச்சபையின் பதில்கள்*, (பாகம் II), நல்லாயன் பதிப்பகம், சென்னை, 2017.

இரண்டாம் வத்திக்கான் சங்க ஏடுகள், தேடல் வெளியீடு, தூய பவுல் இறையியல் கல்லூரி, திருச்சிராப்பள்ளி, 2001.

YOUNG, J., *Christianity*, Teach Yourself Series, Hodder Education, London, 1996.

FIRST YEAR - SECOND SEMESTER

CH 1212 – The Study of Christian Scriptures – 2 Credits

Objectives:

The objective of this course is to:

- To explain the various aspects pertaining to the formation of the Bible.
- To introduce the formation of the Bible.
- To introduce the students to the different books of the Bible.
- To introduce the student to the various methods of interpreting the Biblical passages.
- To introduce the students to the overall, Religious, Social, Political, Cultural background in which the books of the bible were composed.

Learning Outcomes:

On successful completion of the course:

- Students would be able to interpret some passages of the bible early.
- Should be able to identify the important points in interpreting the Bible.
- Should be able to differentiate the various classification of the Bible.

Course Content:

01. An outline glance at the Bible	-	01 Hour
02. The books of the Old Testament	-	02 Hours
03. The Books of the New Testament	-	02 Hours
04. The Proto Canonical and Deutero Canonical Books	-	02 Hours
05. Inspiration in the Bible	-	06 Hours
06. Literary Forms and the Principles governing the understanding of the message of the Bible	-	06 Hours
07. Oral Traditions and Written Document	-	03 Hours
08. Authorship of the Bible	-	02 Hours
09. Biblical Hermeneutics	-	06 Hours

References:

அருள்சாமி, ச. இ., *விவிலியம் வளர்ந்த வரலாறு*, நல்லாயன் வெளியீடு, கோயம்புத்தூர், 2000.

அலோசியஸ் சேவியர், ஆ., பீட்டர் அபீர், அ., *விவிலியம் ஓர் அறிமுகம்*, அருள்வாக்கு மன்றம் திருச்சிராப்பள்ளி, 2005.

இஞ்சாசி, ஞா., *திருச்சபையில் விவிலியப் பொருள்கோள்* (மொழிபெயர்ப்பு), தமிழக முப்பணி நிலையம், திண்டிவனம், 1999.

தியாகு, *விவிலியக் களஞ்சியம்*, (5 பாகங்கள்), விவிலிய அறிமுகம், தியான ஆசிரமம், சென்னை, 1999.

அஞ்சல் வழி விவிலியக் கல்வி, 1 – 22 தொடர்கள், புனித பவுல் விவிலிய நிலையம், சென்னை, 2001.

இரண்டாம் வத்திக்கான் சங்க ஏடுகள், தேடல் வெளியீடு, தூய பவுல் இறையியல் கல்லூரி, திருச்சிராப்பள்ளி, 2001.

SECOND YEAR – FIRST SEMESTER

CH 2112 - Jesus and His Mission as Presented by the Evangelists -2 Credits.

Objectives:

The main objective of this course is:

- To introduce the students to the various aspects of the personality traits of Jesus.
- To discover the person of Jesus and his message as presented by the four evangelist.
- To illustrate to students from the four Gospels that Jesus was fully divine and fully human.
- To enable students to discover the love and mercy of God for humanity from the events reported in the Gospels.

Learning Outcomes:

On successful completion of the course:

- Students would be able to identify major personality traits of Jesus.
- Students would be able to identify the main content of the teachings of Jesus and explain it to others.
- Students would be able to discuss and describe and explain how Jesus as depicted in the Gospels was fully human and fully divine.
- Students would be able to draw inference and give example to describe the love and mercy of God for humanity.

Course Content :

Time

- | | |
|--|------------|
| 1. The Gospels of Matthew, Mark, Luke and John: Authorship, date, purpose of composition, | - 12 hours |
| 2. The circumstances under which the Gospels emerged within the believing community | - 04 hours |
| 3. A comparative outlook of the four Gospels and the elements that differentiate each Gospel as a unique composition | - 07 hours |
| 4. The uniqueness of the Gospel of St. John | - 07 hours |

Reference:

அபீர், பீட்டர்., *நற்செய்தி அறிமுகம்*, (5ம் பதிப்பு), நற்செய்தி வெளியீடு, புனித பவுல் விவிலிய நிலையம், சென்னை, 2003.

ஏரோனிமுசு. கு., *வாழ்வு பெற...யோவான் நற்செய்தி சிந்தனைகள்*, (2ம் பதிப்பு), அருள்வாக்கு மன்றம், திருச்சி, 1997.

தியாகு - *விவிலியக் களஞ்சியம்*, (5 பாகங்கள்), விவிலிய அறிமுகம், தியான ஆசிரமம், சென்னை, 1999.

லியோன், பவுல்., *பொருள் தேடும் அருள்வாக்கு*, வைகறை வெளியீடு, திண்டுக்கல், 1997.

-----, *யார் இந்த இயேசு?*, (2ம் பதிப்பு), வைகறைப் பதிப்பகம், பெஸ்கி இல்லம், திண்டுக்கல், 1996.

-----, *யாரைத் தேடுகிறீர்கள்? இயேசுவும் நற்செய்தி ஆய்வும்*, வைகறை வெளியீடு, திண்டுக்கல், 2007.

இரண்டாம் வத்திக்கான் சங்க ஏடுகள், தேடல் வெளியீடு, தூய பவுல் இறையியல் கல்லூரி, திருச்சிராப்பள்ளி, 2001.

SECOND YEAR – FIRST SEMESTER

CH 2122 –Old Testament Prophets and their teachings

Objectives:

The objective of this course is:

- To introduce to students to the life and missions of the prophets in the Old Testament.
- To explain to students about the religious social and historic political back ground in which the prophets exercised their ministry.
- To show the students that the mission of the prophets was, interpreting God's will to the people according to various circumstances.
- To point out to students that according to the teachings of 2nd Vatican council, the church has prophetic mission of interpreting the kingdom values; in the process it has to encounter many and varied challenges

Learning Outcomes:

On successful completion of the course:

- Students would be able to explain about the life and mission of the prophets.
- Students would be able to discuss the factors which either facilitated or hindered their mission.
- Students would be able to describe the meaning of interpretation taking into account the past, present and the future of a Christian.
- Students would be able to identify the salient points in the teachings of 2nd Vatican council and point out the ways of giving witness to the kingdom values.

Course Content:

	Time
1. Prophet and Prophecy in the Old Testament.	- 04 hours
2. Major Prophets - Isaiah, Jeremiah, Ezekiel.	- 13 hours
3. Minor Prophets of the Old Testament– Amos, Jona, Hosea, Joel, Mica, Malachy, Zachariah	- 08 hours
4. The Church is a Prophetic Community as taught by Second Vatican Council.	- 05 hours

References:

அலோசியஸ் சேவியர், ஆ., பீட்டர் அபீர், அ., *விவிலியம் ஓர் அறிமுகம்*, அருள்வாக்கு மன்றம் திருச்சிராப்பள்ளி, 2005.

தியாகு - *விவிலியக் களஞ்சியம்*, (5 பாகங்கள்), விவிலிய அறிமுகம், தியான ஆசிரமம், சென்னை, 1999.

ஜோசப், பொன்னையா., *இறைவாக்கினர்களும், இறைவாக்கு நூல்களும்*, ஆயர் இல்லம், மட்டக்களப்பு, 2011.

அஞ்சல் வழி விவிலியக் கல்வி, 1 – 22 தொடர்கள், புனித பவுல் விவிலிய நிலையம், சென்னை, 2001.

BLENKINSOPP, Joseph, *A History of prophecy in Israel*, Westminster Press, Philadelphia, 1996.

SECOND YEAR - SECOND SEMESTER

CH 2212 – Sri Lankan Church History

Objectives:

The objective of this course is:

- To introduce to students to the key historical events of the Catholic Church in Sri Lanka.
- To explain to students about the activities of the missionaries and the various methods the used by them to spread the new religion.
- To explain to students about the various methods followed by the Portuguese missionaries and the education they imparted.
- To describe to students about the socio-cultural and other changes that had taken place in the Sri Lankan society due to the introduction of Catholicism.
- To explain to students how the native religions encountered Catholicism and other issues related to its arrival.

Learning Outcome:

At the end of the course:

- Students would be able to identify the factors that facilitated and prevented the expansion and growth of Catholicism during the Portuguese, Dutch and the British Periods.
- Students would be able to discuss the various missionary methods employed by the missionaries and evaluate them from positive and negative aspects.
- Students would be able to discuss the challenges encountered by Buddhism, Hinduism, Catholicism and other Christian denominations.
- Students would be able to explain the contributions made by the various missionary groups to lay a firm foundation for future education of Sri Lanka.

Course Content:

Time

1. Christian Presence in Sri Lanka before the arrival of the Portuguese: the socio-political and religious –cultural situation in Sri Lanka at the arrival of the Portuguese; the arrival of the Portuguese missionaries, expansion of Catholicism and the missionary methods adopted by them; - 08 hours
2. The arrival of the Dutch and the challenges encountered by Catholics, the Dutch Reformed Church and the contribution of Rev. Philip Baldaeus, Oratorians and their missionary contributions to Catholicism, educational and philanthropic activities as means of Evangelization during the Portuguese and the Dutch rule - 12 hours
3. The arrival of the Anglican, Methodist, Wesleyan and the American missionaries and their missionary activities. - 10 hours

References:

கிருபானந்தன், சா. பி., *திருச்சபை வரலாற்றுத் துளிகள்*, பிரான்சிஸ்கு சவேரியார் குருத்துவக் கல்லூரி, கொழும்புத்துறை, யாழ்ப்பாணம், 2007.

பிலேந்திரன், ஞானமுத்து., *கத்தோலிக்க கலை இலக்கிய பாரம்பரியங்கள்*, கத்தோலிக்க மாணவர் ஒன்றியம், நல்லாயன் நிலையம், திருநெல்வேலி, யாழ்ப்பாணம், 2001.

பெரேரா. எஸ். ஜி., *இலங்கையின் திருத்தாதர் அருளாளர் யோசப் வாஸ் வாழ்வும் பணியும்*, (மொழிபெயர்ப்பு, பதிப்பாசிரியர். பிலேந்திரன், ஞா.), ஆயர் இல்லம், யாழ்ப்பாணம், 2010.

யேசுதாசன், பிலிப்ஸ், இ., *கிறிஸ்தவ வாழ்வு*, அமலி வெளியீடு, தொடர்பகம், யாழ்ப்பாணம், 2002.

Perera, S. G., *Historical Sketches: Ceylon Church History*, Catholic Book Depot, Colombo. 1962.

SECOND YEAR - SECOND SEMESTER

CH 2222 – Christianity and Tamil Culture – 2 Credits.

Objectives:

The objective of this course is:

- To define and describe to students the meaning of culture and the sober elements of Tamil Culture.
- To explain to students what has been stated in the 2nd Vatican Council document about culture and enculturation.
- To illustrate to students the importance of making use of cultural elements in imparting the message of Christ.
- To explain to students regarding practical as well as theological problems which are to be encountered in acculturating Christian teachings, liturgical worship and the ways of life.

Learning Outcomes:

On successful completion of the course:

- Students would be able to define and explain sober elements of Tamil Culture.
- Students would be able to explain the salient points found in the 2nd Vatican council documents regarding enculturation.
- Would be able to take some practical steps to put into practice some aspects of enculturation.
- Would be able to identify the exact problems which are to be encountered in implementing enculturation.

Course Content:

Time

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|--|------------|
| 1. What is Culture? Culture as taught by the Second Vatican Council? | - 05 hours |
| 2. What is inculturalization? | - 04 hours |
| 3. Why should the Christian message be inculturalized | - 06 hours |
| 4. The problems of inculturalization and challenges encountered | - 06 hours |
| 5. Sober elements of Tamil Culture. | - 04 hours |
| 6. Church and inculturalization in the past. | - 05 hours |

Reference:

ஆரோக்கியராஜ், எஸ்., *திருவழிபாடு ஓர் அறிமுகம்*, தமிழ்நாடு விவிலிய மறைக்கல்வி திருவழிபாட்டு நடுநிலையம், திண்டிவனம், 2008.

இன்னாசி, சூ., *கிறித்தவக் தமிழ்க்கொடை* (2 தொகுதிகள்), மெய்யப்பன் பதிப்பகம், சென்னை, 2001.

விக்டர், ம. சோ., *தமிழ்நாட்டுக் கிறித்தவம்*, (பாகம் 1 – 2ம் பதிப்பு), யாத்திரைப் பதிப்பகம், அரியலூர், 2013.

இரண்டாம் வத்திக்கான் சங்க ஏடுகள், தேடல் வெளியீடு, தூய பவுல் இறையியல் கல்லூரி, திருச்சிராப்பள்ளி, 2001.

பிலேந்திரன், ஞானமுத்து., *கத்தோலிக்க கலை இலக்கிய பாரம்பரியங்கள்*, கத்தோலிக்க மாணவர் ஒன்றியம், நல்லாயன் நிலையம், திருநெல்வேலி, யாழ்ப்பாணம், 2001.

IRUDAYAM, I., *Christianity and Tamil Culture*, University of Madras, 1997.

THIRD YEAR – FIRST SEMESTER

CH 3112 – Fundamentals of Christian Beliefs - 2 Credits.

Objectives:

The objective of this course is:

- To explain to students the fundamentals of Christian beliefs.
- To illustrate that in Jesus of Nazareth God became Man.
- To show that the Passion, death and the resurrection of Jesus were historical events.
- To explain to students the nature and the functions of the Church; and the characteristics the church in One, Holy, Catholic and Apostolic.
- To explain the meaning of life and life after death.

Learning Outcomes:

On successful completion of the course:

- Students would be able to explain the fundamentals of Christian faith.
- Students would be able to explain with scriptural basis that the passion, Death and Resurrection of Jesus were historical events.
- Students would be able to explain the nature and the functions of the church.
- Students would be able to explain what the Christian believe regarding life after death.
- Students would be convinced that the state of life after death would be determined on how a person lives the kingdom value during one's earthly life.

Course Content:

Time

- | | |
|--|------------|
| 1. Belief in the Triune God. | - 04 hours |
| 2. The Incarnation - God become Man in Jesus of Nazareth. | - 06 hours |
| 3. The Death and Resurrection of Jesus of Nazareth | - 08 hours |
| 4. The belief in the Holy Spirit. | - 06 hours |
| 5. How do we understand the Church as One, Holy, Catholic and Apostolic? | - 02 hours |
| 6. Life after Death - What does it mean? | - 04 hours |

Reference:

ஞானப்பிரகாசம், பேட்ரிக், (தொகு.), *தளிர்க்கும் இறையியல்கள்*, கிறித்தவ இயல்துறை, சென்னைப் பல்கலைக்கழகம், சென்னை, 2009.

டோமி, (தொகு.), *கத்தோலிக்க இறைநம்பிக்கை வேர்கள்*, (2ம் பதிப்பு), நம்வாழ்வு வெளியீடுகள் - 35, சென்னை, 2013.

மங்கள தாவீது, (தொகு.), *நலம் தரும் நம்பிக்கை*, இதய வெளியீடுகள், திருஇருதய குருத்துவக் கல்லூரி, சென்னை, 2013.

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NEUNER, J., and DUPUIS, J., *The Christian Faith in the Doctrinal Documents of the Catholic Church*, Bangalore, 1987.

THIRD YEAR – FIRST SEMESTER

CH 3122 - The place of the Church and the Sacraments in Christian life – 2 Cr.

Objectives:

The objective of this course is:

- To explain the nature and the mission of the church as expressed in the documents of Second Vatican Council.
- To explain the rights and duties of the laity as expressed in the documents of the Second Vatican Council.
- To illustrate with examples the place sacraments in the life of the people.
- To show that sacraments are not mere liturgical celebrations, but they are the means of receiving God's grace in a person's day to day existence.

Learning Outcomes:

On successful completion of the course:

- Students would be in a position to describe the nature and the missions of the church as expressed in the Second Vatican Council documents.
- Students would be to encourage and explain to people regarding their rights and duties in the Church.
- Students would be able to convince others to participate in the administration of sacraments as they are the sources of receiving Gods grace.

Course Content:

	Time
1. What is the meaning of the term "Church" in the Second Vatican Council Documents?	- 03
2. The Sacramental Tradition in the Church - Baptism, Confirmation and Eucharist	- 06
3. Concept of Priesthood within Mainline Churches.	- 03
4. Ministry and Laity in the Church	- 06
5. How do we understand Forgiveness of Sin' within Church's Tradition.	- 04
6. Anointing of the Sick - an explanation.	- 02
7. Sacraments are effective Signs - How do we understand them?	- 02

Reference:

ஆனந்த, வாழ்வளிக்கும் அருளடையாளங்கள், (2ம் பதிப்பு), நம்வாழ்வு வெளியீடுகள் 11, சென்னை, 2006.

ஆரோக்கியராஜ், எஸ்., திருவழிபாடு ஓர் அறிமுகம், தமிழ்நாடு விவிலிய மறைக்கல்வி திருவழிபாட்டு நடுநிலையம், திண்டிவனம், 2008.

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தேவராஜ், எஸ்., மாற்றம் தேடும் திருச்சபை, வைகறைப் பதிப்பகம், திண்டுக்கல், 2006.

ரோலிங்டன், ஞா., திருவழிபாடு – 500 கேள்விகளும் பதில்களும் இறையியல் விளக்கங்களும், (5ம் பதிப்பு), தமிழக முப்பணி நடுநிலையம், திண்டிவனம், 2013.

வலண்டின் ஜோசப், க., வாழ்வும் வழிபாடும், நம்வாழ்வு வெளியீடு, சென்னை, 2005.

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DULLES, A., *Models of the Church: A Critical Assessments of the Church in all its Aspects*, Gill & Macmillan, Dublin, 1983.

THIRD YEAR – SECOND SEMESTER

CH 3212- Christian Approach to Inter- Religious Dialogue - 2 Credits.

Objectives:

The objective of the course is:

- To introduce to students the views expressed in the documents of the 2nd Vatican Council regarding dialogue with other religions.
- To explain to students the need to respect the religious sentiments of all religions to foster peace and harmony in a country.
- To point out to students that religious fundamentalism would always lead to chaos and confusion.
- To state that the main purpose of inter- religious dialogue is to learn from experience and the positive elements exist in other religious.

Students' Learning Outcome:

At the end of the course:

- Students would be able to discuss the various notions expressed in the documents of the 2nd Vatican Council regarding inter-religious dialogue.
- Students would be able to participate in inter-religious dialogue forum and express their religious experience and learn from the experiences of others.
- Students would be able to point out benefits for the society in conducting and participating in such activities.

Course Contents:

Time

- | | |
|---|------------|
| 1. The teachings of Main line Churches on Inter-religious Dialogue with special emphasis on the teachings of 2 nd Vatican Council. | - 08 hours |
| 2. Contemporary situation and religious Pluralism with special reference to Sri Lanka. | - 04 hours |
| 3. Christian approach to other Religions, Religious Understanding and Fundamentalism. | - 04 hours |
| 4. Principles of Inter religious Dialogue. | - 04 hours |
| 5. Practical Guidelines for Inter-Religious Dialogue. | - 04 hours |
| 6. Asia and Inter-Religious Dialogue | - 06 hours |

Reference:

அமலதாஸ், மி., *பல்சமய ஒத்துழைப்பு*, வைகறை பதிப்பகம், திண்டுக்கல், 2008.

சாமிநாதன், டொமினிக், *உரையாடலும் சமய நல்லுறவும்*, ஆயர் இல்லம், மட்டக்களப்பு, 2006.

செல்வநாதன், சூ. பேரா., *மதங்களும் மனித ஒற்றுமையும்*, கவின் பதிப்பகம், சென்னை, 2003.

புஸ்பராஜன், அ., *நானா? நீயா? நாமா?*, புதுப்புனல் பதிப்பகம், திருச்சி, 2004.

டேவிட், ஏ. கே. (பதி.), *சமயமும் நல்லிணக்கமும்*, பல்சமய உரையாடல் பணிக்குழு, மதுரை 16, 2007.

மரிய வின்சென்ட், அ., *உரையாடல் வழி உறவை வளர்ப்போம்*, தோழமை இல்லம், சென்னை, 2008.

இரண்டாம் வத்திக்கான் சங்க ஏடுகள், தேடல் வெளியீடு, தூய பவுல் இறையியல் கல்லூரி, திருச்சிராப்பள்ளி, 2001.

CHIA, E., (ed.), *Dialogue: Resource Manual for Catholics in Asia*, ISPCK, DELHI, 2002.

THIRD YEAR – SECOND SEMESTER

CH 3222 - Mysticism and Christian Spirituality - 2 Credits

Objectives:

The objective of this course is:

- To introduce the students to various methods of spirituality which have been prevailing from the time of the Old Testament.
- To introduce the student to the various modes of spirituality practiced by the religious congregations.
- To introduce the students to the exemplary spirituality life of some individual mystics.
- To convince the students that spirituality is very essential for a meaningful and peaceful life.

Students' Learning Outcome:

At the end of the course:

- Students would be able to put into practice, what they have identified as practical spiritual exercises followed by religious congregations and individuals to enhance their spiritual life.
- Students would be able to explain and convince others of the necessity of leading spirituality life to experience real happiness in life.
- Students would be able to discuss and identify the causes for the spiritual decadence and the prevailing lethargic attitude towards spirituality and morality.
- Students would be able to point out that morality and spirituality are inseparable.

Course Content:

Time

- | | |
|---|------------|
| 1. Christian spirituality as found in the Holy Bible. | - 05 hours |
| 2. Rise of Religious Congregations and various modes of living. | - 05 hours |
| 3. Life of some Mystics - St. Anthony of the Desert, St. Theresa of Avila, St. John of the Cross, The Little Flower, St. Francis of Assisi, St. Ignatius of Loyola. | - 12 hours |
| 4. Modern Mystics - Teilhard de Chardin, Thomas Merton, Mother Theresa. | - 08 hours |

Reference:

அந்தோனிசாமி, எ.:ப., *அர்த்தமுள்ள ஆன்மீகம்*, நல்லாயன் பதிப்பகம், சென்னை, 2004.

இருதயராஜ், சேவியர், *துறவற வாழ்வின் வரலாறு*, கிளர்சியன் கலைத்தொடர்பகம், சென்னை, 2008.

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AMALOPAVADASS, D. S., (ed.), *Indian Christian Spirituality*, NBCLC, Bangalore, 1982.

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AUMANN, J., *Christian Spirituality in the Catholic Tradition*, Sheed and Ward, London, 1985.

BOUYER, L., *Introduction to Spirituality*, Liturgical Press, Collegeville, 1961.